

# BCHD Healthy Living Campus

bchdcampus.org



Beach Cities Health District (BCHD) is in the process of creating a Healthy Living Campus on the District's Redondo Beach property located at 514 North Prospect Avenue. When completed, the 11-acre site will be a hub of well-being that serves and connects Beach Cities residents – ranging from children and families to adults and older adults – with abundant health and wellness services, programs and facilities.

**2017 Initial Concept**

**2019 Master Plan Concept**

**Current Master Plan**



# Beach Cities Health District

Beach Cities Health District (BCHD) has served the people who live and work in Hermosa Beach, Manhattan Beach and Redondo Beach since 1955. Today, BCHD offers more than 40 free community health programs and services that promote wellness and prevent diseases across the entire lifespan.

BCHD has been working closely with the community since 2017 to reimagine our medical campus – home to our 60 year-old former hospital building located at 514 North Prospect Avenue – into an intergenerational Healthy Living Campus. Since May 2017, BCHD has held more than 60 meetings, drawing more than 1,000 comments regarding ways to modernize its property.

## Comprehensive Master Plan Approach

BCHD is in the process of transforming our Redondo Beach property into a modernized Healthy Living Campus, an intergenerational hub that focuses on wellness and prevention for current and future Beach Cities generations.



- ### Master Plan Features:
- Approximately 217 residential care units
  - Medical Office Building
  - Youth Wellness Center
  - 2+ acres of active green space
  - Community Wellness Pavilion
  - New Center for Health & Fitness
  - Bike & pedestrian paths

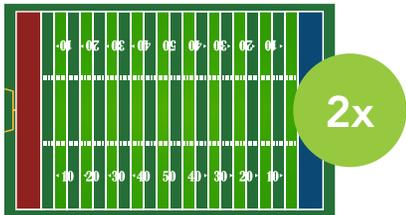
- ### Phase 1
- BCHD Programs & Services
    - Care Management
    - Information & Referrals
    - allcove youth wellness center
  - Residential Care for the Elderly
  - Program of All-Inclusive Care for the Elderly
  - Active Open Green Space
  - Parking
- ### Phase 2
- Community Wellness Pavilion
  - Aquatics
  - Center for Health & Fitness
  - Parking

## Open Space



BCHD's new campus will feature approximately two acres of open space for health programs and services to replace acres of asphalt)

How big is 2 acres of open space? Approximately 2 football fields



# allcove Beach Cities



allcove is an integrated service model for youth ages 12-25, including:

- mental health
- physical health
- substance use
- peer support
- family support
- supported education
- employment and social service referrals

The focus on mild-to-moderate mental health issues is a key component of what sets this model apart from existing sources of mental health care, since depression and anxiety are among the highest prevalence for youth, and early intervention is essential to preventing more serious health and academic outcomes

## The Need:



**37%**

of Beach Cities 11th graders reported chronic sad or hopeless feelings within the past 12 months



**18%**

of Beach Cities 11th graders reported seriously considering attempting suicide within the past 12 months

Source: California Healthy Kids Survey, 2022

**allcove Beach Cities will open fall 2022, the Center will later be a permanent feature in phase one of BCHD's proposed new campus.**



# Non-Medical Home Care vs. Residential Care for the Elderly (RCFE)

## Care Options & Costs

It can be difficult navigating the options for you or your loved one. Learn more about non-medical home care and Residential Care for the Elderly below.



### Non-Medical Home Care

Non-medical home care assists older adults who need help with activities of daily living (ADLs)

- Assistance in your home
- Personalized care overseen by professional caregivers
- Assistance with ADLs (e.g., bathing, dressing)
- Light housekeeping services
- Transportation

Annual average cost of care for 24 hours per day  
**\$324,000**

### Residential Care for the Elderly (RCFE)

RCFEs are care facilities that optimize the health, safety and quality of life for older adults.

- Room and housing
- 24-hours per day personalized care overseen by professional staff
- Three meals a day and snacks
- Activity programs and outings
- Housekeeping services
- Maintenance services
- Transportation

Annual average cost of care  
**\$54,000 - \$144,000**

\*\$35.00 an hour is the average current cost for established home care agencies in the South Bay

RCFE facilities include assisted living and memory care, both are proposed in the Master Plan for BCHD's Healthy Living Campus. Today, BCHD has 60 units/120 beds of memory care on its campus.

For more information visit [bchdcampus.org](http://bchdcampus.org)